Original editorial summary - Finish What You Start / Peter Hollins

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Finish What You Start - Peter Hollins: make completion concrete

Peter Hollins's title is Finish What You Start: The Art of Following Through, Taking Action, Executing, & Self-Discipline. It concerns acting, maintaining follow-through and handling obstacles such as procrastination and distraction. AST publishes it in Russian as «Начни заканчивать! Иди до конца, действуй и побеждай!». It is a different book from Jon Acuff's Finish and Chris Bailey's Intentional; similar words do not make the authors interchangeable.

Our editorial example: an employee has repeatedly restarted a presentation. They define a sufficient first deliverable: five slides answering the client's three questions, with checked figures and a clearly marked open question. The next action is to verify one figure, not "finish the whole presentation." At the review, they can see a concrete draft and a remaining problem. This is our application, not a claimed exercise or eight-step quotation from Hollins. Finishing an unsuitable goal is not automatically wise, and reducing scope must preserve safety, honesty and agreed requirements.

1. Write what a completed usable version must contain, plus one thing it can omit.
2. Reserve one work interval for the next action; review the result and the obstacle before extending the plan.

Sources

- Apple Books - Peter Hollins, Finish What You Start
  https://books.apple.com/us/book/finish-what-you-start/id1476543974